# REPORT OF WOMEN CELL



**SESSION 2021-2022** 

Mitali ---- the Women Cell of Raja Peary Mohan College was established in 2012. The primary mission of Mitali is to provide a gender-neutral environment so as to ensure basic right to work and study with dignity and to promote gender sensitization among staff and students of the institution. Women Cell aims at accomplishing gender equality. preventing gender discrimination and promoting a social, physical and psychological environment that is congenial for all. Women Cell, thus, plays an active role in gender sensitization and gender related issues. Activities of women cell are varied and diverse ranging from promotion of gender equality and gender sensitization to promotion of social awareness among women regarding health, hygiene and other issues. Women Cell organizes Health Camp in association with eminent organizations like Frank Ross, for routine health check-up of the girl students and women staff of the college. Varied Workshops ranging from stress management to self-defence techniques and seminars/webinars on gender issues like sexual harassment are organized by Women Cell. Cultural programmes are also organized by the Cell to celebrate Women's Day, Mother's Day etc. With active participation of students, Women Cell undertakes various programmes related to community service, self-defence of girls and soft skill development Women Cell also publishes an annual bi-lingual magazine 'Ardhek programmes. Prithibi' on gender related issues.

## Programmes of Women Cell: 2021-2022

SI. No.	Name of the Activity	Organising unit/ agency/ collaborating agency	Year of the activity	Number of students participants
1.	Distribution of Personal Hygiene Products among inmates of Satya Bharati, a Charitable Organization working for the welfare of women and girls	Women Cell and Satya Bharati	9 <sup>th</sup> July 2021	20
2	A Tribute to Dr. Kadambini Ganguly An interactive programme to commemorate the 160 <sup>th</sup> birth anniversary of first Lady Doctor of India	Women Cell	20 <sup>th</sup> July 2021	30
3	Distribution of books and stationery among students of Raghunathpur coaching centre of NGO Prerona on the occasion of death anniversary of Pandit Ishwar Chandra Vidyasagar	Women Cell and Prerona	29 <sup>th</sup> July 2021	18
4	Prize distribution of Essay competition on Pandit Ishwar Chandra Vidyasagar at Raghunathpur coaching centre of NGO Prerona	Women Cell and Prerona	15 <sup>th</sup> August 2021	22
5	Distribution of Grocery items among inmates of Satya Bharati, a Charitable Organization working for the welfare of women and girls	Women Cell and Satya Bharati	21 <sup>st</sup> August 2021	25
6	Distribution of Personal Hygiene Products among women and girls engaged in brick smelting in hinterland regions of Uttarpara	Women Cell	27 <sup>th</sup> August 2021	20
7	Distribution of sweets and books among children at Abhoynagar Public Library	Women Cell in association with NSS	9 <sup>th</sup> September 2021	20
8	Webinar on School Education to commemorate birth anniversary of Pandit Ishwar Chandra Vidyasagar	Women Cell	26 <sup>th</sup> September 2021	40
9	Distribution of stationery and tiffin packets among children at Kanaipur	Women Cell	2 <sup>nd</sup> October 2021	20
10	Distribution of dresses and chocolates among children at Raghunathpur village	Women Cell	9 <sup>th</sup> October 2021	18
11	Celebration of International Women's Day through cultural programme	Women Cell	8 <sup>th</sup> March 2022	168
12	Self-defence Workshop for girls	Women Cell	21 <sup>st</sup> & 22 <sup>nd</sup> March 2022	40 & 28
13	Interactive programme with women of Raghunathpur village	Women Cell in association with NSS	25 <sup>th</sup> March 2022	50
14	Self-defence Programme for girls	Women Cell	28 <sup>th</sup> April 2022	87
15	Celebration of International Mother's Day	Women Cell	14 <sup>th</sup> May 2022	118
16	Certificate Course on Beauty Care and Artistry Makeup	Women Cell in association with IQAC and Rupasi Beautician Centre	16 <sup>th</sup> May to 27 <sup>th</sup> May	52

### 4 9<sup>th</sup> July 2021

Women Cell strives to work for the welfare of women and girls. In an attempt to promote menstrual hygiene awareness among young girls and women, Women Cell has undertaken distribution of Personal Hygiene Products among seventy inmates of Satya Bharati, a Charitable Organization working for the welfare of women and girls.

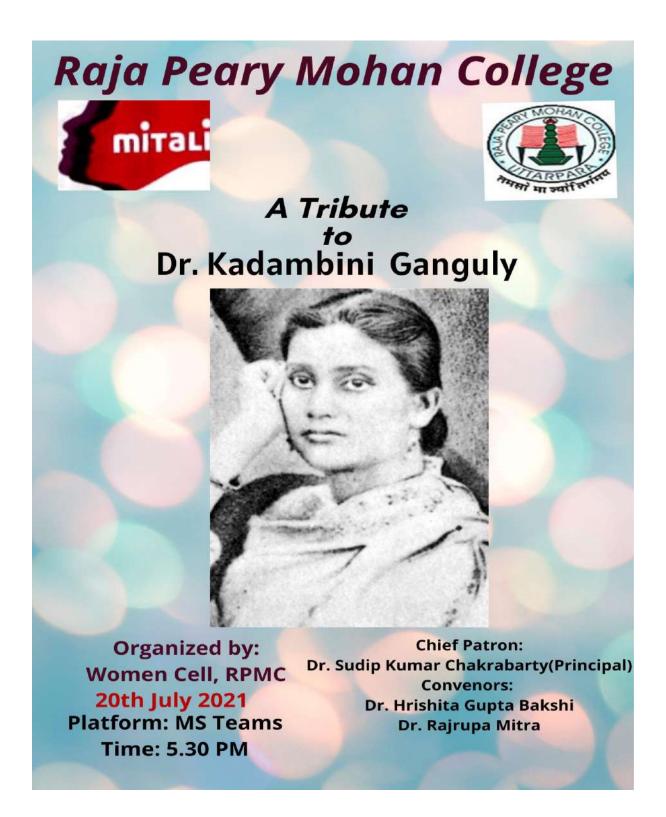








Dr. Kadambini Ganguly was the first Indian woman doctor. To commemorate the 160<sup>th</sup> birth anniversary of this great personality, Women Cell organized a Webinar entitled "A Tribute to Dr. Kadambini Ganguly". It was an interactive programme involving both students and staff.



### **4** 29<sup>th</sup> July 2021

As a mark of respect for the great litterateur and social activist Pandit Ishwar Chandra Vidyasagar, Women Cell undertook distribution of books and stationery among students of Raghunathpur coaching centre of NGO Prerona. The programme was organized on the occasion of death anniversary of Ishwar Chandra Vidyasagar.



















### **4** 15<sup>th</sup> August 2021

Women Cell had organized an essay competition on Pandit Ishwar Chandra Vidyasagar for the students of Raghunathpur coaching centre. Prizes were distributed to the winners of the essay competition at Raghunathpur coaching centre of NGO Prerona.















### 4 21<sup>st</sup> August 2021

Members of Women Cell distributed Grocery items and daily essentials among inmates of Satya Bharati, a Charitable Organization working for the welfare of women and girls. In this community service, Women Cell had appealed to teachers of the college for help and had received overwhelming response.







## **4** 27<sup>th</sup> August 2021

Another community service initiative of Women Cell has been distribution of Personal Hygiene Products among women and girls engaged in brick smelting in two hinterland regions of Uttarpara. Members of the Cell also interacted with women and girls present there on personal hygiene issues.

















## 4 9<sup>th</sup> September 2021

Women Cell members visited Abhoynagar Public Library along with members of NSS Wing of the college and distributed sweets and books among children there.







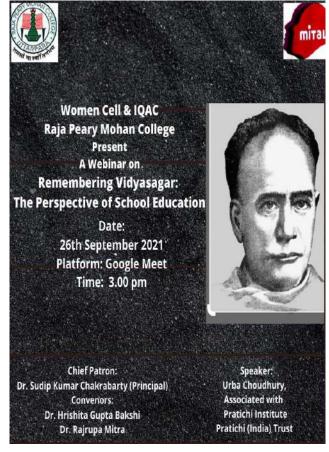




#### 4 26<sup>th</sup> September 2021

Women Cell organized a Webinar on School Education to commemorate birth anniversary of Pandit Ishwar Chandra Vidyasagar. The speaker was Ms. Urba Choudhury, an activist of Pratichi Institute.





## 4 2<sup>nd</sup> October 2021

Another effort of Women Cell has been distribution of stationery and tiffin packets among children at Kanaipur.







## **4** 9<sup>th</sup> October 2021

Dresses and chocolates were distributed to the children of Raghunathpur village by members of Women Cell.



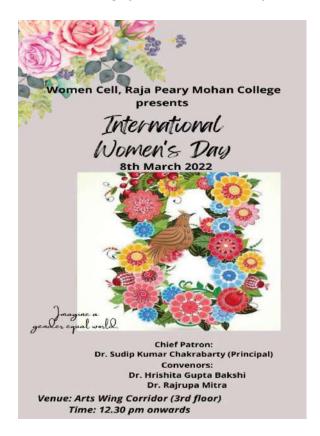






#### **4** 8<sup>th</sup> March 2022

Women Cell celebrated International Women's Day through a cultural programme organized within the college premises. There was spontaneous participation by the students.

















## **Self - Defence Workshop**

## **For Girls**

Organized by Women Cell, Raja Peary Mohan College

21st & 22nd March 2022

**Chief Patron: Dr. Sudip Kumar Chakrabarty (Principal)** 

Coordinator: Dr. Hrishita Gupta Bakshi & Dr. Rajrupa Mitra

(Convenors, Women Cell)

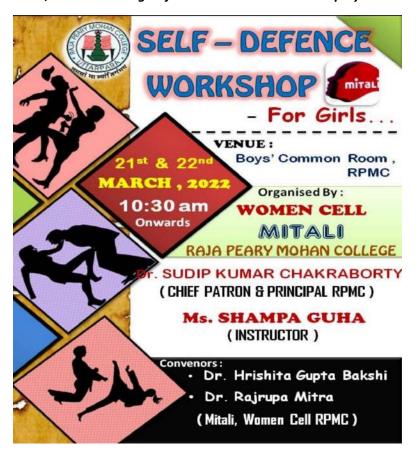
**Instructor: Ms. Shampa Guha** 

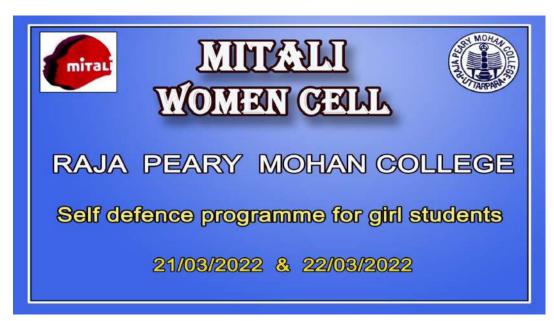
Time: 10.30 AM

**Venue: Boys' Common Room** 

#### 4 21<sup>st</sup> & 22<sup>nd</sup> March 2022

In today's world, it is indeed very important for girls to learn self-defence techniques. Keeping this in mind, Women Cell had organized a two-day Self Defence Workshop for girls. Ms. Shampa Guha, renowned weightlifter and a Kolkata Police employee was the instructor in the workshop.





















#### 4 25<sup>th</sup> March 2022

Women Cell participated in an interactive programme at Raghunathpur village in association with NSS units of the college. Members of Women Cell interacted with the women and girls of Raghunathpur village on several issues concerning their physical and mental wellbeing, nutrition, economic opportunities etc.

















# **Self – Defence Programme**

## **For Girls**

Organized by Women Cell, Raja Peary Mohan College

28th April 2022

Chief Patron: Dr. Sudip Kumar Chakrabarty (Principal) Coordinator: Dr. Hrishita Gupta Bakshi & Dr. Rajrupa Mitra

(Convenors, Women Cell)

**Instructor: Ms. Shampa Guha** 

Time: 10.30 AM

**Venue: Auditorium** 

### 4 28<sup>th</sup> April 2022

In continuity of the previous Self Defence Workshop, another Self-defence Programme for girls was organized by Women Cell. In this programme there was a demonstration of different techniques of self-defence and the participants were taught some crucial moves.















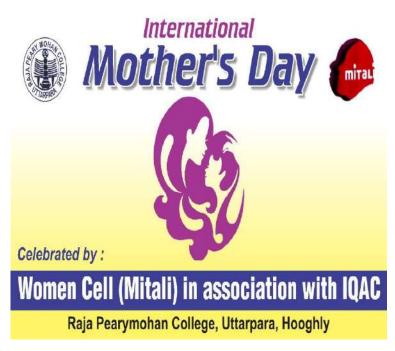






#### 4 14<sup>th</sup> May 2022

Women Cell celebrated International Mother's Day through a cultural programme. Mothers of students were invited as guests of honour and were facilitated by their wards.

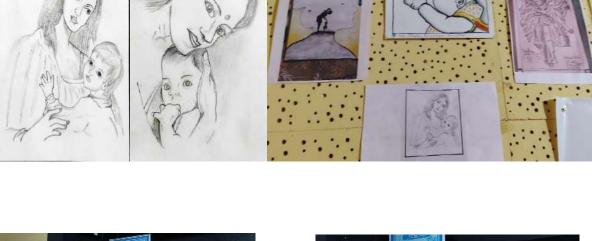












































## **Certificate Course**

on

## **Beauty Care and Artistry Makeup**

16th May 2022 to 27th May 2022

## **Organized by**

Women Cell of Raja Peary Mohan College in association with IQAC

**Course Director: Dr. Sudip Kumar Chakrabarty (Principal)** 

Course Coordinators: Dr. Hrishita Gupta Bakshi & Dr. Rajrupa Mitra (Convenors, Women Cell)

Resource Person: Ms. Ishita Indra, Professional Beautician & Owner Rupasi Beautician Centre

**Course Duration: Thirty Hours** 

## 4 16<sup>th</sup> May to 27<sup>th</sup> May

Women Cell organized a Certificate Course on 'Beauty Care and Artistry Make up', a thirty-hour course in accordance with UGC mandates. The resource person was Ms. Ishita Indra, professional beautician and owner of Rupasi Beautician Centre.























































































