



RAJA PEARY MOHAN COLLEGE

রাজা প্যারীমোহন কলেজ

1, ACHARYA DHRUBA PAL ROAD, UTTARPARA, HOOGHLY, WEST BENGAL, PIN - 712 258
Tel No. : 033-2663-0881/2663-0191, Fax No. : 033-2663-4155 E-mail : rajapearymohancollege@gmail.com

১, আচার্য ধ্রুব পাল রোড উত্তরপাড়া, হুগলী, পশ্চিমবঙ্গ, পিন - ৭১২২৫৮,
দূরভাষ : ০৩৩-২৬৬৩-০৮৮১/২৬৬৩-০১৯১, ফ্যাক্স : ০৩৩-২৬৬৩-৪১৫৫

Ref. No. /সূচক সংখ্যা _____

Date /তারিখ _____

To
The Head-HR &Admin
M/s Everest Aluminium Pvt. Ltd
Bighati, Bhadreswar, Hooghly, W.B

17.5.22

Dear Sir,

In response to your email dated 14.5.2022, I would like to inform you that according to the need of your industry, our final year students in the Department of Physiology will participate in this health camp schedule by your industry.

The main objective of this project work is to study Cardio-respiratory Parameters(Blood Pressure, Heart rate, Respiratory Flow rate)and physical parameters including body height, body weight, and different body dimensions like waist-hip ratio, and BMI which are indicators of nutritional status.


This study will be made within or near the industrial area as suggested by the industrial authority, it only requires a quiet place, a few chairs, and a table, and workers working at least 6 months constantly in this industry. Participant workers will be taken for measurement in batches each with 8-10 workers so that the workflow of the industry will remain uninterrupted.

After completion of the work report of this study will be handed over to the authority with recommendations within one month which will be beneficial for the protection of the health of the workers if any kind of health abnormalities are identified and the identification of risk factors will be helpful for the authority /management to increase the productivity.

Data Collected in this study will completely be utilized for academic purposes, and will not be published under the name of your esteemed company.

Thanking you.

Principal


17.05.22

rediffmail

Mailbox of anindita11us

Subject: Fwd: Request letter for arranging medical camp (Physical health checkup) at our campus.

From: Hooghly Chamber of Commerce & Industry <hooghly.chamber@gmail.com> on Sat, 14 May 2022 16:14:59

To: anindita11us@rediffmail.com

Respected Madam,

We spoke, M/s Everest Aluminium Pvt.Ltd one of our Coveted Member has requested to organise a Medical Camp. We would request you to cover the same as earlier we have done it in our another Member Premises (Auro Impex). Please let me know your requirement and the expected date in the coming week.

With kind regards,

=====

SWAPAN GANGULY

SECRETARY

Hooghly Chamber of Commerce & Industry

41C, Garcha Road, Kolkata 700 019

Tel: 90739330/31/32

Email: hooghly.chamber@gmail.com

Mobile: 9903316722

----- Forwarded message -----

From: **Vijay Sharma** <hrhead@everestal.com>

Date: Sat, May 14, 2022 at 3:44 PM

Subject: Request letter for arranging medical camp (Physical health checkup) at our campus.

To: Hooghly Chamber of Commerce & Industry <hooghly.chamber@gmail.com>

Cc: Shivanand Pathak <shivanand.pathak@everestal.com>

Mr. Sapan kumar Ganguly

Respectd sir,

You are requested to arrange Free medical health checkup camp at our mill campus. In present scenario , it is very necessary to do the health checkup of every employees. so you are once again requested to arrange the camp. we will try to provide every co-operation from our side .

Hope we will get every support from your department.

Thanking you.

with best regard.

From- EVEREST ALUMINIUM PVT.LTD.

BIGHATI, BHADRESHWER, HOOGHLY. W.B

VIJAY KUMAR SHARMA

Head- HR & ADMIN.

rediffmail

Mailbox of anindita11us

Subject: ref--for medical health checkup**From:** Vijay Sharma <hrhead@everestal.com> on Sat, 21 May 2022 17:22:44**To:** "anindita11us@rediffmail.com" <anindita11us@rediffmail.com>**Cc:** Shivanand Pathak <shivanand.pathak@everestal.com>, Abha Basu <abha.basu@everestal.com>

1 attachment(s) - To_Everest_Aluminium_Company.docx (12.90KB)

Dr. Anindita Madam,

We are pleased to know that you are providing Doctor Team on dated 23-05-22(monday) in your supervision. our management will try to provide every co-operation from our side. We also wants to thanks to MR. Ganguli SIR (HOOGHLY CHAMBER OF COMMERCE), Who has given us co-operation to organize this camp.

Thanks

Best Regards

Vijay Kumar Sharma

Head HR-ADMIN.

**Everest Aluminium Pvt.Ltd.****MOBILE:9830310049.****hrhead@everestal.com****Website:www.everestal.com**

From: anindita11us@rediffmail.com <anindita11us@rediffmail.com> on behalf of anindita mondal <anindita11us@rediffmail.com>**Sent:** Saturday, May 21, 2022 1:38 PM**To:** Vijay Sharma <hrhead@everestal.com>**Subject:** request for conducting a project work

Sir,

Industry, In response to the email from Mr. Swapam Kumar Ganguly,Secretary, Hooghly Chamber of Commerce and on behalf of Principal,Raja Peary Mohan College ,I am sending our acceptance letter to you with our details study design.

I think it will help you for better understanding regarding our work.

Thanking you.

Anindita Mandal Majee
Associate Professor
Raja Peary Mohan College
Dept. Physiology



Everest Aluminium Pvt. Ltd.

An ISO 9001 : 2015 Certified Company

CIN : U28113WB2009PTC140414

Date: 06.06.2022

To

The principal

Raja Peary Mohan College

Uttarpara , Hooghly

Respected Sir,

In response to your dated 17th May 2022 regarding conduction a health camp for our Aluminum industry workers and after the successful completion of the first phase Health camp on 06.06.2022, We want to extend the collaboration with your institution by organizing the same "Health Camp" in our organization periodically in the next three years.

Thanking you.

EVEREST ALUMINIUM PVT. LTD.

Yours Sincerely 
Manager (H.R.)

HR & Admin Department

M/s Everest Aluminum Pvt. Ltd

Regd. Off. & Works : JL no 15, Balaji Complex, Old Delhi Road, Village : Palarah, P.O. : Bighati

P.S. : Bhadreswar, Dist. : Hooghly, West Bengal - 712 124

Contact No. : +91 033 2999 6660 Email ID : info@everestal.com

MEMORANDUM OF UNDERSTANDING

Between

Raja Peary Mohan College ,1,Acharya Dhruba Pal Road ,Uttarpara,Hooghly ,Pin- 712258

&

Everest Aluminium Pvt. Ltd,Bighati,Bhadreshwar,Hooghly,West Bengal

Raja Peary Mohan College ,1,Acharya Dhruba Pal Road ,Uttarpara,Hooghly ,Pin- 712258 and Everest Aluminium Pvt. Ltd,Bighati,Bhadreshwar,Hooghly,West Bengal ,

hereby agree to become partner organization for a period of 3 years in order to develop friendship and cooperation between our two organizations and promote mutual understanding regarding health of workers and environment related issue of the Industry.

PARTNER ORGANIZATION PROGRAMME GOALS :-

- 1.Acadenmic and social relationship between Industry and Laboratory of Educational Institution.
2. Students will learn to implement their practical knowledge in the industrial field related to the health of workers exposed to hazardous environment.
- 3.Industry will be benefited by arranging health camp once in a year or two as a health check up of different health related parameters of workers and progression of diseases due to hazardous industrial atmosphere that can be assumed /identified through this health camp.

PARTNER ORGANIZATION ACTIVITIES :-

1. It will create an opportunity to implement the practical knowledge of students in the field of industry. Besides, interpretation of collected data, statistical analysis and report writing skill will be developed through this partnership.
2. Industry will be benefited by knowing the health status of workers and will take necessary action to protect the health of workers by improving the working environment and arrangement of health camp to identify the present health condition of workers as well as progression of diseases can be measured which will bring benefit to the industry by increasing productivity and strengthen the economic growth of the industry.

The institutions reserve the review to this agreement on regular basis to determine new inclusions as well as future directions of this agreement.

EVEREST ALUMINIUM PVT. LTD.


Manager (H.R.)

HR & Head, Everest Aluminium, Pvt. Ltd

Principal, Raja Peary Mohan College



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রাজা প্যারীমোহন কলেজ

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Ref. No. /সূচক সংখ্যা _____

Date /তারিখ 6/6/2022

Report on Health Status of Everest Aluminium Industry workers

In Aluminium Industry the main hazardous elements are dust and exposure to aluminium compounds in working environment.

The Health status of workers Of Everest Aluminium Company....

1) **Nutritional status-**

Normal- 70.94%
Underweight- 12%
Overweight- 17.08%

2) **Respiratory Status-**

Normal respiratory volumes and Capacities- 62.39%
Obstructive lung diseases - 4.27%
Restrictive lung diseases - 30%
Combined Lung diseases - 0.85%

3) **Cardiovascular Risk-**

Normotensive- 75.83%
Pre hypertensive- 16.66%
Hypertensive- 7.5%

4) **Risk of cardiovascular diseases/ Diabetes by waist/hip ratio-**

Low risk- 87.17%
Moderate Risk 10.25%
High risk- 2.56%

Overall the health status of workers of Everest Aluminium Company is fair. Nutritional status of 71% worker is normal. Only 30% workers suffer from restrictive lung disease. 76% workers are normotensive (normal blood pressure). Risk for cardiovascular diseases and diabetes is low among 87.17% workers.

But use of protective gadgets – mask, face shield, gloves, protecting cloths is rare which can protect the workers from exposure to dust and aluminium compounds and health of the workers remain safe and protected as well as management will be benefited.

Anindita Mandal (Majee) 6/6/22

Anindita Mandal Majee

Associate Professor and Investigator



HOOGLY CHAMBER OF COMMERCE AND INDUSTRY NEWS SPCTRUM VOL - 6, MAY 2022

2. MEDICAL CAMP OF THE INDUSTRY WORKERS ON 12.03.22 AT AURO IMPEX & CHEMICALS PVT. LTD.

This project was done jointly with the Raja Peary Mohan Colleges Associate Professor Dr. Anindita Mondal & the final year Students of Physiology department . The main objective of this project was to detect the health status of the workers randomly exposed to various environmental effluents. To study the Cardio-Respiratory as well as physical parameters and BMI, which is indicator of Nutritional Status. A group of 8 to 10 students along with 2 Teachers guided the procedure. After completion the work report has been handed over to the Authority with recommendations within 15 days which will be beneficial for the protection of the health of the workers and Identification of risk factors will be helpful to the Management Authority to increase in the productivity.



3. SEMINAR ON HR & WORKPLACE CONFLICT ON 25.03.2022 AT ADITYA BIRLA TRAINING INSTITUTE

Workplace conflicts happen everywhere and ignoring them can be costly. It's an enormous loss for an organization. Conflict suggests the way you've been doing things is not the way it's going to be forever.

A good place to start is by realizing that, even though people may shy away from it, conflict is actually normal and healthy. In fact, many believe it's a vital ingredient to organizational success. We at HCCI with a view to achieve the essence of that culture where dissent is allowed, or even encouraged, can spur innovation, diversity of thought and better decision-making. Some glimpses of the program arranged at Aditya Birla Training auditorium Rishra on 25th of March 2022 are as under.



THERE IS ALWAYS ROOM FOR THE IMPROVEMENT



**HOOGLY CHAMBER OF COMMERCE AND INDUSTRY
NEWS SPCTRUM VOL - 6, MAY 2022**

5. HCCI ARRANGED SEMINAR ON GST AUDIT & NOTICES AT HOTEL HINDUSTAN INTERNATIONAL ON 07.05.22

A lot of changes are constant in GST & procedure on preparing us for Audit & to make the Members aware about the same, we had arranged a Seminar with the renowned Consultant and Legal Expert Mr. Abhishek Tibrewal. The members present were mostly Accounts executives, dealing with such situations who had cleared many of their doubts at the Q/A session.



6. MEDICAL CAMP OF THE INDUSTRY WORKERS ON 12.03.22 AT EVEREST ALLUMINIUM PVT. LTD. AT OLD DELHI ROAD BALAJI COMPLEX, BHADRESHWAR.

The Basics of any organization stands on its Human assets. To protect them from any adversity with respect to Health and wellbeing is prime for productivity. With this intention, we have arranged the same again with the Raja Peary Mohan Roy College of Uttarpara. This time a huge number of employees has participated in the same. The Team well Led by Prof. Dr. Anindita Mondal along with her team and after the completion of the Camp, M/s Everest Alluminium Pvt. had an MOU with the College for performing the Camp for 3 consecutive

